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Athlete's Feet (Tinea Pedis) Foot Fungus

Home Instructions

- 1- Wash feet with Fungal Soap**
- 2- Blow Dry**
After taking a shower to ensure complete dryness of skin
- 3- Apply Antifungal medication as prescribed**
- 4- Use Bamboo charcoal fiber socks**
- 5- Sanitize shoes with antifungal spray and do not use same shoe the next day. You should allow 24-48 hours between each use of the same pair of shoes.**