



HAPPY FEET

THE OFFICIAL HARO PODIATRY NEWSLETTER FOR PATIENTS

PAINFUL NEUROPATHY

BURNING, TINGLING, NUMBNESS



Over more than 10 million people are suffering from peripheral neuropathy. While the term "neuropathy" simply means "nerve damage," peripheral neuropathy is the impairment of the nerves in the body's outer extremities - such as the **feet**. This can happen for many reasons, with diabetes being a particularly common one.

Other potential causes of nerve damage include:

- Thyroid Disease
- Cholesterol Medication
- Chronic alcoholism
- Chemo Therapy

Physical sensations are some of the predominant symptoms of neuropathy.

These include:

- Sharp pain
- Burning

- Freezing
- Stabbing pain
- Leg cramps

But other signs of peripheral neuropathy include:

- Extreme sensitivity
- Impaired coordination
- Gradual onset of numbness.

Symptoms can vary based on the affected nerve and root cause of the issue.



CONTENT

Diagnosing Peripheral Neuropathy	- 2
Peripheral Neuropathy- There is a solution!	- 3
Our Mission	- 4





When diagnosing the condition, Dr. Ibrahim Haro will review your history and conduct a neurological examination. He may order any number of tests and screenings to expand his search or confirm any suspicions. Tests might include nerve biopsies and magnetic resonance imaging (MRI) scans.

-2

There is a Solution!

The good news for those living with neuropathy is that there are treatment options for peripheral neuropathy. In some cases, doctors treat the condition with pain relievers, antidepressants, anti-seizure medication, and even topical treatments. We are pleased to offer a treatment option that is even better- non opioid, non pharmaceutical, non invasive treatment option that **insurance may cover!**

To find out more about this state-of-the-art treatment option, contact Haro Podiatry & Laser Center or go to our website:



-3

www.drharo.com



Our Mission

"To serve our patients by helping them walk, live and play without foot pain."

1005 Clifton Avenue
Clifton, NJ 07013
973-777-5771

www.drharo.com